

CENTRAL SUSSEX C. C. 3rd Hilly 10 miles time trial, Sunday 11 February 2024.

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

A qualifying event for the Sussex C. A. Spoco series and Spoco South-East.

HQ – Pease Pottage Community Centre, Old Brighton Road South, Pease Pottage
West Sussex, RH11 9AH, (as used in 2022 but not in 2023).

Neither bikes nor cleats inside the HQ, please.

HQ to start: 0.65 mile north-west.

COURSE GS/186: Start in Grouse Road, just west of Pease Pottage, at south end of “Grouse Road” sign, 4 yards south of Forest Road. Go left into Forest Road and west to Colgate,

where SHARP left into Blackhouse Road 1.40 1.40 miles

Go south-east to Grouse Road 0.87 2.27

where left and past start completing a circuit 0.93 3.20

Again go left into Grouse Road and go west through Colgate to

TURN at first roundabout 3.53 6.73

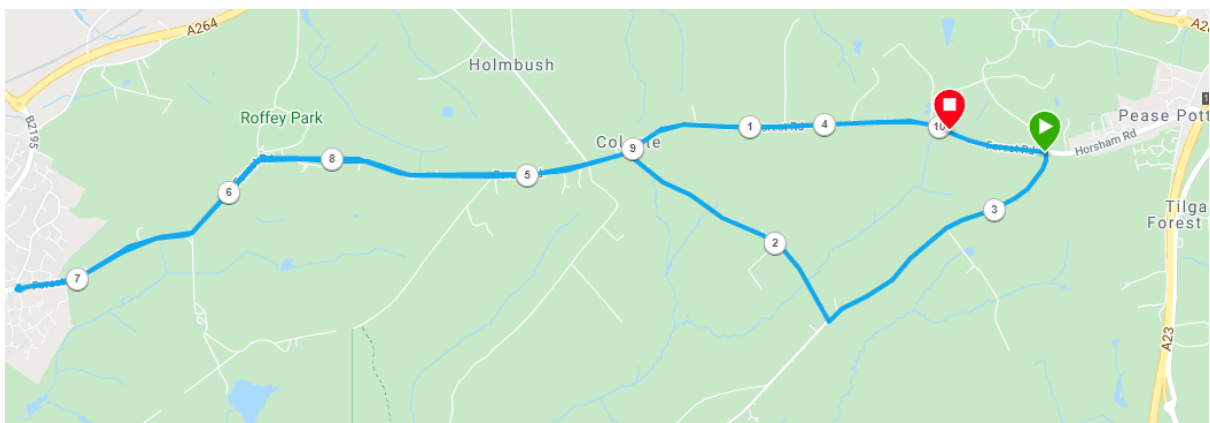
At junction with Elgar Way, Roffey on the left and Beech Road on the right

Encircle roundabout and retrace on Forest Road through Colgate

To FINISH 30 yards west of “Public Footpath” sign on south side of road,

0.29 mile west of opposite the start. 3.27 10.005

RIDERS – be aware there is a triangular section of this course which you will cover before passing the start again and then an out and home stretch of the course. Therefore, upon reaching Colgate the second time, be prepared to go straight on; it will not be easy for the marshal to identify you.



PLEASE REMEMBER TO SIGN ON FOR YOUR NUMBER.

AFTER FINISHING, SIGN BACK IN WHEN RETURNING YOUR NUMBER.....

COURSE RECORDS:

MEN:	James Boyman	22:20
MEN, VETS.:	Cris Coxon	22:53
MEN, ROAD BIKE:	James Boyman	22:20
WOMEN	Tracey Williams	29:20
WOMEN, VETS.:	ditto	ditto

PAST WINNERS:	2022	James Boyman	22:20
	2023	Paul Turton	24:44
	2024		

CTT Regulations require the use of a helmet that meets internationally accepted safety standards for all competitors.

CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine, a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.

London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

Under 18 years old riders: Bring a completed Parental Consent form to present before signing-on.

No form = No ride.

No vehicles, except those of the timekeeper and event officials, shall be parked in the vicinity of the start and finish.

No warming-up on the course once the event has started.

Timekeeper: Paul Tunnell, Addiscombe CC. No times will be given out at the finish.

PRIZES:

TT BIKES:

FIRST £20 + wine, value £6.

2nd £10 + wine, value £6.

3rd Wine, value £6.

ROAD BIKES:

FIRST £20 + wine, value £6.

2nd £10 + wine, value £6.

3rd Wine, value £6.

PRIZES to be awarded as soon as possible after the event. Please stay to applaud the recipients.

ORDER OF START:

No.	Start	First name	Last Name	Machine	Club/Team	Class.	Category	Age
1	10:01:00	Robin	Johnson	TT Bike	Brighton Mitre CC	Open	Veteran	75
2	10:02:00	Mark	Gidney	Road Bike	Southborough & Dist. Whs	Open	Veteran	62
3	10:03:00	James	Bromley	TT Bike	Hart Performance Coaching	Open	Veteran	64
4	10:04:00	Stuart	Payne	TT Bike	Central Sussex CC	Open	Veteran	61
5	10:05:00	Ana	Mason	Road Bike	VC de Londres	Female	Youth	13
6	10:06:00	Richard	Pimlott	TT Bike	Finsbury Park CC	Open	Veteran	63
7	10:07:00	Christopher	Gatt	Road Bike	VC de Londres	Open	Veteran	42
8	10:08:00	Rupert	Robinson	Road Bike	Crawley Wheelers	Open	Veteran	52
9	10:09:00	Mike	Boyce	TT Bike	...a3crg	Open	Veteran	68
10	10:10:00	Adrian	Fahy	Road Bike	Onyx RT	Open	Veteran	43
11	10:11:00	Aaron	Sparks-Carolan	Road Bike	Sussex Revolution Velo Club	Open	Senior	39
12	10:12:00	Theo	Tadros	Road Bike	trainSharp	Open	Espoir	21
13	10:13:00	Ferenc	File	Road Bike	Horsham Cycling	Open	Senior	37
14	10:14:00	Henrik	Persson	TT Bike	FTP (Fulfil The Potential) R T	Open	Veteran	40
15	10:15:00	Ian	Braybrook	TT Bike	Basildon CC	Open	Veteran	49

Very grateful thanks to all entrants as entries down 4 on last year.

Road surface and condition not brilliant (we are in West Sussex) but, apart from a few rough stretches, if you are able to ride two feet away from the road edge, you will miss some potholes and cracks in the roads.

Event secretary: Robin Johnson, 7 Gorselands, Billingshurst, West Sussex, RH14 9TT; 07733 132043.

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